



PHYSICIAN ASSISTANT SKILLS CHECKLIST

First Name	MI	Last Name
E-mail	Last 4 digits SS#	Date

Instructions: Please check the appropriate column that best describes your experience level for each knowledge competency and skill. Please use the rating scale below to evaluate yourself based on experiences within the last two years.

Self-Assessed Experience Rating Scale

1 = No Experience 2 = Minimal Experience 3 = Performs well/competent 4 = Supervise and Teach

	1	2	3	4
Populations worked with:				
Neonatal				
Pediatrics				
Adolescent				
Adult				
Geriatric				
Disorders-Emergencies				
Anaphylaxis				
Cardiac arrest				
Seizures				
Minor head injuries				
Animal bites				
Ingestions and poisonings				
Overdose of sedative, hypnotics, opiates				
Snake bites				
Minor burns				
Shock				
Open wounds				
Other (list):				
Respiratory				
Croup				
Influenza				
Tracheobronchitis				
Bronchitis				
COPD (Chronic Obstructive Pulmonary Disease)				
Asthma				

	1	2	3	4
Respiratory System cont.				
Pneumonia				
Viral				
Bacterial				
Sinusitis				
Bacterial				
Nonbacterial				
URI (Upper Respiratory Infection)				
Other (list):				
Cardiovascular system				
Congestive heart failure				
Chronic obstructive pulmonary disease				
Stasis ulcer of lower extremities				
Angina				
Pericarditis				
Coronary artery disease				
Functional murmurs				
Congenital heart disease				
Hypertension				
Other (list):				
OB/GYN				
Nausea & vomiting with pregnancy				
Dysmenorrhea				
Candida Vaginitis				
Pap Smears				
Abnormal Pap smear findings				
Trichomonal Vaginitis				

Name: _____

Physician Assistant
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	1	2	3	4
OB/GYN cont.				
Atrophic vaginitis				
Fibrocystic breast disease				
Menopause				
Bartholin's cyst/ abscess				
Preparation for childbirth				
Pregnancy-diagnosis and referral				
Pain relief in active phase of labor				
Intrapartum medications				
Medications in the third stage				
Dysfunctional uterine bleeding				
Rh blood factor				
Mastitis				
Medications in the Post Partum phase				
Mastitis				
Birth control methods				
Pre-natal care				
Fetal well-being				
Other (list):				
GI System				
Constipation				
Diarrhea (simple)				
Irritable bowel syndrome				
Acute gastroenteritis				
Hiatal hernia				
Hemorrhoids				
Hepatitis				
Duodenal ulcer				
Cholecystitis				
Pyloric stenosis				
Colic				
Appendicitis				
Other (list):				
Skin:				
Warts				
Basal skin carcinoma				
Scabies				
Impetigo				
Diaper dermatitis				
Acne				
Folliculitis				
Furuncles				
Carbuncles				
Herpes simples				
Herpes zoster				
Malignant melanoma				
Pityriasis Rosea				
Contact dermatitis				
Tinea corporis				
Tinea pedis				
Other (list):				

	1	2	3	4
Ear, Nose, and Throat				
Epistaxis				
Otitis externa				
Serous otitis media				
Acute purulent otitis media				
Allergic rhinitis				
Pharyngitis				
Oral candidiasis				
Other (list):				
Eye				
Conjunctivitis				
Strabismus				
Chalazion				
Stye				
Other (list):				
Musculoskeletal				
Osteoporosis				
Osteomyelitis				
Rheumatoid arthritis				
Juvenile diabetes				
Gout				
Minor sprains and strains				
Osteoarthritis				
Carpal tunnel syndrome				
Scoliosis				
Tendonitis				
Bursitis				
Muscular dystrophy				
Other (list):				
Parasitic Infections:				
Pinworms				
Ascariasis				
Pediculosis				
Other (list):				
Genitourinary System				
Syphilis				
Chlamydia				
Herpes				
Cystitis				
Pyelonephritis				
Urinary tract infection				
Benign prostatic hypertrophy				
Vulvovaginitis				
Hypospadias				
Hydrocele				
Gonococcal infections				
Prostatitis				
Other (list):s				

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Name: _____

	1	2	3	4
Nervous System				
Vasovagal syncope				
Migraine headaches				
Multiple sclerosis				
Headaches				
Head injury				
Tension				
Migraine				
Anxiety				
Parkinson's				
Stroke				
Alzheimer's				
Bell's Palsy				
TIA (transient ischemic attacks)				
Trigeminal neuralgia				
Multiple sclerosis				
Other (list):				
Endocrine				
Type I diabetes mellitus				
Type II diabetes mellitus				
Graves disease				
Addison's disease				
Juvenile diabetes				
Hypoglycemia				
Hypothyroidism				

	1	2	3	4
Hematological				
Folic acid deficiency anemia				
Aplastic anemia				
Iron Deficiency				
Sickle cell anemia				
Pernicious anemia				
Other (list):				
Psychosocial				
Depression				
Suicide				
Obesity				
Grief				
Anxiety				
Anorexia				
Bulimia				
Other (list):				
Miscellaneous				
Suturing				
Cell biopsy				
Starting IV				
Casting and splinting				
Other (list):				

Certification:

BCLS: Yes _____ No _____
 ACLS: Yes _____ No _____
 CCRN: Yes _____ No _____
 PALS: Yes _____ No _____

Expiration Date: _____
 Expiration Date: _____
 Expiration Date: _____
 Expiration Date: _____

Reviewed By: _____