



## EMERGENCY ROOM SKILLS CHECKLIST

First Name	MI	Last Name
E-mail	Last 4 digits SS#	Date

**Instructions:** Please check the appropriate column that best describes your experience level for each knowledge competency and skill. Please use the rating scale below to evaluate yourself based on experiences within the last two years.

### Self-Assessed Experience Rating Scale

1 = No Experience    2 = Minimal Experience    3 = Performs well/competent    4 = Supervise and Teach

Skills:	1	2	3	4
<b>Cardiovascular</b>				
<b>1. Assessment</b>				
Auscultation (Rate, Rhythm)				
Doppler				
Heart Sound/ Murmurs				
Pulses/ Circulation Checks				
<b>2. Equipment &amp; Procedures</b>				
<b>Assist with Insertion and Setup:</b>				
Arterial Line				
Central Venous Line				
Open Chest Emergency				
PA Catheter/ Swan-Ganz Insertion				
Pacemaker				
<b>Cardioversion</b>				
<b>Interpretation of Waveforms and Values:</b>				
A-line				
CVP				
<b>Monitoring:</b>				
Basic 12 Lead Interpretation				
Basic Arrhythmia Interpretation				
<b>3. Care of the Patient with:</b>				
Acute MI				
Aneurysm				
Angina				
Cardiac Arrest				

Skills Continued:	1	2	3	4
Congestive Heart Failure (CHF)				
Myocarditis				
<b>4. Medications</b>				
<b>ACLS Drugs:</b>				
Atropine				
Bretylium (Bretylol)				
Epinephrine (Adrenaline)				
Lidocaine (Xylocaine)				
Procainamide (Proestyl)				
Sodium Bicarbonate				
<b>Other:</b>				
Adenosine (Adenacard)				
Amiodarone (Cordarone)				
Digoxin (Lanoxin)				
Diltiazem (Cardizem)				
Dobutamine (Dobutex)				
Dopamine (Intropin)				
Esmolol (Brevibloc)				
Lasix (Furosemide)				
Nitroprusside (Nipride)				
Thrombolytic Therapy				
<b>Pulmonary</b>				
<b>Assessment:</b>				
Breath Sounds				
Rate and Work of Breathing				

Skills continued:	1	2	3	4
<b>2. Interpretation of Lab Results:</b>				
Arterial Blood Gasses				
<b>3. Equipment and Procedures:</b>				
<b>Airway Management Devices/ Suctioning</b>				
Endotracheal Tube/ Suctioning				
Nasal Airway/ Suctioning				
Oropharyngeal/Suctioning				
Sputum Specimen Collection				
Tracheostomy/ Suctioning				
Assist with Extubation				
Assist with Intubation				
Assist with Thoracentesis				
Care of the Patient with a Ventilator				
<b>Care of the patient with a Chest Tube:</b>				
Assist with set-up & Insertion				
Measuring				
Removal				
Measure Peak Flow				
<b>Obtaining Arterial Blood Gasses:</b>				
Arterial Blood Line				
Femoral Artery				
Radial Artery				
<b>02 Therapy &amp; Medication Delivery Systems:</b>				
Bag and Mask				
ET Tube				
Face Masks				
Inhalers				
Nasal Cannula				
Nebulizer				
Portable O2 Tank				
T-piece				
Pulse Oximetry				
Troubleshooting High Pressure Alarms				
Troubleshooting Low Pressure Alarms				
<b>4. Care of the Patient with:</b>				
Aspiration				
COPD	1	2	3	4
Hemopneumothorax				
Laryngospasm				
Pneumonia				
Pneumothorax				
Pulmonary Adema				
Pulmonary Embolism				
Tension Pneumothorax				
Tuberculosis				

Skills Continued:	1	2	3	4
<b>5. Medications:</b>				
Aminophylline (Theophylline)				
Bronkosol (Isoetharinehydrochloride)				
Epinephrine (Adrenaline)				
Isuprel (Isoproterenol Hydrochloride)				
Steroids				
Terbutaline				
<b>Neurological:</b>				
<b>1. Assessment</b>				
<b>Advanced Neuro Assessment:</b>				
Glasgow Coma Scale				
Reflex/ Motor Deficits				
Visual or Communication Deficits				
Level of Consciousness				
<b>2. Equipment and Procedures:</b>				
Assist with lumbar puncture				
Increased IPC Management				
Medications				
Positioning				
Regulation of ICP				
Temperature Control				
Ventilation				
Intracranial Pressure Monitoring				
<b>3. Care of the Patient with:</b>				
Basal Skull Fracture				
Closed Head Injury				
CVA				
DT's				
Encephalitis				
Externalized VP Shunts				
Meningitis				
Neuromuscular Disease				
Overdose				
Seizures				
Spinal Cord Injury				
<b>4. Medications:</b>				
Decadron (Dexamethasone)				
Dilanton (Phenytoin)				
Mannitol (Osmitol)				
Phenobarbital				
Solu-Medrol (Methylprednisolonesodium Succinate)				

Skills Continued:	1	2	3	4
<b>Orthopedics</b>				
<b>1. Assessment</b>				
Circulation Checks				
Gait				
Range of Motion				
Skin				
<b>2. Equipment and Procedures</b>				
Assist with Placement of Cast				
<b>Support Devices:</b>				
Cane/ Crutch				
Cervical Collar				
Sling				
Transfer Boards				
<b>3. Care of the Patient with</b>				
Ankle Brace				
Ankle Sprit				
Cast				
Knee Immobilizer				
Pinned Fractures				
Wrist Splint				
<b>Gastrointestinal</b>				
<b>1. Assessment</b>				
Abdominal/ Bowel sounds				
Fluid Balance				
Nutritional Status				
<b>2. Interpretation of Blood Chemistry</b>				
<b>3. Equipment and Procedures:</b>				
Placement of Nasogastric Tube				
Salem Pump to Suction				
Saline Lavage				
<b>4. Care of the Patient with:</b>				
Abdominal Trauma				
Bowel Obstruction				
GI Bleeding				
Hepatitis				
Liver Failure				
<b>5. Medications:</b>				
Antiemetics				
Antispasmodic				
Charcoal				
<b>Renal/ Genitourinary (GU)</b>				
<b>1. Assessment</b>				
<b>2. Interpretation of Lab Results</b>				
BUN & Creatinine				
Electrolysis				
<b>3. Equipment and Procedures:</b>				
<b>Insertion and Care of Straight and Foley Catheter:</b>				
Female				
Male				

Skills Continued:	1	2	3	4
Urine Specimen Collection				
<b>4. Care of the Patient with:</b>				
Acute Renal Failure				
Peritoneal Lavage				
Renal Trauma				
Urinary Tract Infection				
<b>Endocrine/ Metabolic</b>				
<b>1. Assessment</b>				
S/S Diabetic Coma				
S/S Insulin Reaction				
<b>2. Equipment &amp; Procedures</b>				
<b>Blood Glucose Monitoring:</b>				
Electronic Measuring Device type				
Performing Finger Stick				
<b>3. Care of the Patient with:</b>				
Diabetic Ketoacidosis				
<b>4. Medications</b>				
Insulin				
Oral Hypoglycemics				
<b>Wound Management/ Surgical</b>				
<b>1. Equipment and Procedures</b>				
Application of Steristrips				
Assist with Staples				
Assist with Sutures				
Culdocentesis Tray				
Set up Suture Tray				
Staple Removal				
Suture Removal				
<b>EENT</b>				
<b>1. Assessment</b>				
Set up Florescent/ Woods lamp Exam				
Visual Acuity				
<b>2. Equipment and Procedures:</b>				
Application of Eye Patch				
Ear Irrigation				
Eye Irrigation				
Morgan Lens Irrigation				
Nasal Packing				
Removal of Contact Lens				
<b>Trauma/ Shock</b>				
<b>1. Assessment</b>				
Champion Trauma Score				
Poison Index				
Triage				

Skills Continued:	1	2	3	4
<b>2. Equipment &amp; Procedures</b>				
Air Transport of Trauma Patient				
Application of Mast Suit				
Ground Transport				
<b>3. Care of the Patient with</b>				
<b>Bites:</b>				
Human				
Venomous Snake				
Venomous Spider				
<b>Burns:</b>				
Rule of Nines				
First Degree				
Second Degree				
Third Degree				
<b>Dehydration</b>				
<b>Electrocution</b>				
<b>Gunshot/ Stab wound</b>				
<b>Hazardous Material Exposure</b>				
<b>Heat Exhaustion/ Stroke</b>				
<b>Hypothermia</b>				
<b>Major Trauma</b>				
<b>Minor Trauma</b>				
<b>Radiation Exposure</b>				
<b>Shock:</b>				
Anaphylactic				
Cardiogenic				
Hypovolemic				
Neurogenic				
Septic				
<b>Traumatic Amputation</b>				
<b>Infectious Diseases</b>				
<b>1. Interpretation of Lab Values – CBC, SMA 7</b>				
<b>2. Equipment and Procedures</b>				
Fever Management				
Isolation				
<b>3. Care of the Patient with Aids</b>				
<b>Phlebotomy/ IV Therapy/ Invasive Procedures</b>				
<b>1. Equipment and Procedures</b>				
<b>Administration of Blood/ Blood Products:</b>				
Autotransfusion				
Cryoprecipitate				
Packed Red Blood Cells				
Plasma/ Albumin				
Whole Blood				

Skills Continued:	1	2	3	4
<b>Assist with Cutdown</b>				
<b>Starting IVs:</b>				
Angiocath				
Butterfly				
Heparin Lock				
<b>2. Care of the Patient with:</b>				
Angiography				
<b>Central line/ Catheter/ Dressing:</b>				
Brovial/ Hickman				
Groshong				
PICC				
Port-A-Cath				
<b>Pericardiocentesis</b>				
<b>Pain Management</b>				
<b>1. Assist with Pain Level/ Tolerance</b>				
<b>2. Care of the Patient with:</b>				
Epiglottises				
Near Drowning				
Overdose/ Poison Ingestion				
Status Asthmaticus				
Status Epilepticus				
<b>Women's Health</b>				
<b>1. Assessment</b>				
Assist with Pelvic Exam				
<b>2. Equipment &amp; Procedures</b>				
Child Abuse/ Recognition/ Reporting				
Obtaining Consent to Treat				
Pediatric Arrest				
<b>3. Care of the Patient with</b>				
Abruptio Placenta				
DIC				
Hemorrhage				
Placenta Previa				
Preeclampsia/ Eclampsia				
Spontaneous Abortion				
<b>Miscellaneous</b>				
AMA Procedures				
Suicide Precautions				

<b>Skills Continued:</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Age Specific Practice Criteria:</b>				
Newborn/ Neonate (Birth - 30 days)				
Infant (30 days – 1 yr)				
Toddler (1 – 3 yrs)				
Preschooler (3 – 5 yrs)				
School Age Children (5 – 12 yrs)				
Adolescents (12- 18 yrs)				
Young Adults (18 – 39 yrs)				
Middle Adults (39 – 64 yrs)				
Older Adults (64 + yrs)				
<b>Experience with Age Groups:</b>				
Able to Adapt Care to Incorporate Normal Growth and Development				

**Certification:**

Please check the boxes below and indicate the expiration date for each certificate that you hold. If you do not know the exact date, please use the last date of the specific month (i.e. 1/31/2007).

<b>Certification:</b>	<b>Expiration Date:</b>
ACLS	
BCLS	
CEN	
CCRN	
TNCC	
Computerized charting System	
Medication Administration	
Other:	

I hereby certify all statements and claims as true and that any misrepresentation of the facts on this checklist is sufficient cause for dismissal at any time without prior notice even if I have been already employed.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Full Name (Print)

