



## NURSE PRACTITIONER SKILLS CHECKLIST

First Name	MI	Last Name
E-mail	Last 4 digits SS#	Date

**Instructions:** Please check the appropriate column that best describes your experience level for each knowledge competency and skill. Please use the rating scale below to evaluate yourself based on experiences within the last two years.

### Self-Assessed Experience Rating Scale

1 = No Experience    2 = Minimal Experience    3 = Performs well/competent    4 = Supervise and Teach

	1	2	3	4
<b>Pulmonary System Infectious Disorder</b>				
Acute bronchitis				
Acute bronchiolitis				
Acute epiglottitis				
Croup				
Influenza				
Pertussis				
Pneumonia:				
Bacterial				
Viral				
Fungal				
HIV-related				
Respiratory syncytial virus				
Infection				
Tuberculosis				
Neoplastic Disease:				
Bronchogenic carcinoma				
Carcinoid tumors				
Metastatic tumors				
Pulmonary nodules				
Obstructive Pulmonary Disease:				
Asthma				
Bronchiectasis				
Chronic bronchitis				
Emphysema				
Endocarditis				
Pleural Disease:				
Plural effusion				
Pneumothorax:				
Primary				
Secondary				
Traumatic				
Tension				

	1	2	3	4
<b>Pulmonary System Infectious Disorder Cont.</b>				
Pulmonary Circulation:				
Pulmonary embolism				
Pulmonary hypertension				
Cor pulmonale				
Restrictive Pulmonary Disease:				
Idiopathic pulmonary fibrosis				
Pneumoconiosis				
Sarcoidosis				
Other Pulmonary Disease:				
Acute respiratory distress syndrome				
Hyaline membrane disease				
Esophagus:				
Esophagitis				
Motor disorders				
Mallory-Weiss tear				
Neoplasms				
Strictures				
Varices				
Stomach:				
Gastroesophageal reflux disease				
Gastritis				
Neoplasms				
Peptic ulcer disease				
Pyloric stenosis				
Gallbladder:				
Acute / chronic cholecystitis				
Cholelithiasis				
Liver:				
Acute / chronic cholecystitis				
Cholelithiasis				
Neoplasms				

Name: \_\_\_\_\_

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	1	2	3	4
<b>Pulmonary System Infectious Disorder Cont.</b>				
Pancreas:				
Acute / chronic pancreatitis				
Neoplasms				
Small Intestine / Colon:				
Appendicitis				
Constipation				
Diverticular Disease				
Inflammatory bowel syndrome				
Intussusception				
Irritable bowel syndrome				
Ischemic bowel syndrome				
Neoplasms				
Obstruction				
Toxic megacolon				
Rectum:				
Anal fissure				
Anorectal abscess / fistula				
Fecal impaction				
Hemorrhoids				
Neoplasms				
Obstruction				
Toxic megacolon				
Hernia:				
Hiatal				
Incisional				
Inguinal				
Umbilical				
Ventral				
Infectious Diarrhea Nutritional Deficiencies:				
Niacin				
Thiamine				
Vitamin A				
Riboflavin				
Vitamin C				
Vitamin D				
<b>Musculoskeletal System</b>				
Disorders of the shoulder:				
Fractures / dislocations				
Rotator cuff disorders				
Separations				
Knowledge of surgical drains				
Sprains / strain				
Disorder of the Forearm / Wrist / Hand:				
Fractures / dislocations				
Boxer's				
Colles'				
Gamekeeper's thumb				
Humeral				
Nursemaid's elbow				

	1	2	3	4
<b>Musculoskeletal System Cont.</b>				
Scaphoid				
Sprain / strain				
Tenosynovitis:				
Carpal tunnel syndrome				
De Quervian's tenosynovitis				
Elbow tendonitis				
Epicondylitis				
Disorders of the Back / Spine				
Ankylosing spondylitis				
Back sprain / strain				
Cauda equine				
Kyphosis / scoliosis				
Low back pain				
Spinal stenosis				
Disorders of the Knee:				
Bursitis				
Fractures / dislocations				
Meniscal injuries				
Osgood-Schlatter disease				
Sprain / strain				
Disorders of the Hip:				
Aseptic necrosis				
Fractures / dislocations				
Slipped capital femoral epiphysis				
Disorders of the Ankle / Foot:				
Fractures / dislocations				
Sprain / strain				
Infectious Disease:				
Acute / chronic osteomyelitis				
Septic arthritis				
Neoplastic Disease:				
Bone cysts / tumors				
Ganglion cysts				
Osteosarcoma				
Osteoarthritis / Osteoporosis:				
Fibromyalgia				
Gout / pseudo gout				
Juvenile rheumatoid arthritis				
Polyarthritis nodosa				
Polymyositis				
Rheumatoid Conditions:				
Polymyalgia rheumatica				
Reiter's syndrome				
Rheumatoid arthritis				
Systemic lupus erythematosus				
Scleroderma				
Sjogren's syndrome				
Eyes, Ears, Nose, Throat; Eye Disorders:				
Belpharitis				
Blowout fracture				

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	1	2	3	4
<b>Musculoskeletal System Cont.</b>				
Cataract				
Chalazion				
Conjunctivitis				
Corneal abrasion				
Dacryoadenitis				
Ectropion				
Entropion				
Foreign body				
Glaucoma				
Hordeolum				
Hyphema				
Macular degeneration				
Orbital cellulites				
Pterygium				
Retinal detachment				
Retinal vascular occlusion				
Retinopathy				
Diabetic				
Hypertensive				
Strabismus				
Eyes, Ear, Nose, & Throat; Ear Disorders:				
Acute / chronic otitis media				
Barotrauma				
Cerumen impaction				
Hearing impairment				
Mastoiditis				
Meniere's disease				
Labyrinthitis				
Otitis externa				
Tympanic membrane perforation				
Vertigo				
Eyes, Ears, Nose, & Throat; Nose / Sinus disorders				
Acute / chronic otitis media				
Allergic rhinitis				
Epistaxis				
Nasal polyps				
Eyes, Ears, Nose & Throat; Mouth / Throat Disorders				
Acute pharyngitis				
Acute tonsillitis				
Aphthous ulcers				
Dental abscess				
Oral herpes simplex				
Oral leukoplakia				
Peritonsillar abscess				
Parotitis				
Sialadenitis				
Epiglottitis				
Laryngitis				

	1	2	3	4
<b>Musculoskeletal System Cont.</b>				
Oral candidiasis				
<b>Reproductive System: Uterus</b>				
Dysfunctional uterine bleeding				
Endometrial cancer				
Endometriosis / adenomyosis				
Leiomyoma				
Metritis				
Prolapse				
Ovary:				
Cysts				
Neoplasms				
Cervix:				
Carcinoma				
Cervicitis				
Dysplasia				
Incompetent				
Vaginal / Vulva:				
Cystocele				
Neoplasms				
Prolapse				
Vaginitis				
Menstrual Disorders:				
Amenorrhea				
Dysmenorrhea				
Premenstrual syndrome				
Menopause				
Breast				
Abscess				
Carcinoma				
Fibro adenoma				
Fibrocystic disease				
Mastitis				
Pelvic Inflammatory Disease				
Contraceptive Methods				
Infertility				
Uncomplicated Pregnancy				
Prenatal diagnosis / care				
Ectopic Pregnancy				
Fetal Distress				
Gestational diabetes				
Gestational trophoblastic disease				
Molar pregnancy				
Multiple gestation				
Placenta previa				
Postpartum hemorrhage				
Pregnancy-included hypertension				
Premature rupture of membranes				
Rh incompatibility				

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	1	2	3	4
<b>Reproductive System: Uterus Cont.</b>				
Complicated Pregnancy:				
Abortion				
Abruptio placenta				
<b>Endocrine System</b>				
Hyperparathyroidism				
Hypoparathyroidism				
Hyperthyroidism				
Grave's Disease				
Hashimoto's thyroiditis				
Thyroid storm				
Hypothyroidism				
Thyroiditis				
Neoplastic disease				
Diseases of the Adrenal Glands:				
Cushing's syndrome				
Corticoadrenal insufficiency				
Disease of the Pituitary Gland:				
Acromegaly / gigantism				
Dwarfism				
Diabetes insipidus				
Diabetes Mellitus:				
Type 1				
Type 2				
Hypoglycemia				
Lipid Disorders:				
Hypercholesterolemia				
Hypertriglyceridemia				
<b>Neurological System</b>				
Alzheimer's Disease				
Cerebral Palsy				
Disease of Peripheral Nerves:				
Bell's palsy				
Diabetic peripheral neuropathy				
Guillian-Barre syndrome				
Myasthenia gravis				
Headaches:				
Cluster headaches				
Migraine				
Tension headache				
Infectious Disorders:				
Encephalitis				
Meningitis				
Movement Disorders:				
Essential tremor				
Huntington's disease				
Parkinson's Disease				
Multiple sclerosis				
Seizure Disorders:				
Generalized convulsive disorder				
Generalized non-convulsive disorder				

	1	2	3	4
<b>Neurological System Cont.</b>				
Status epilepticus				
Vascular:				
Cerebral aneurysm				
Stroke				
Transient ischemic attack				
Psychiatry / Behavioral Science; Anxiety Disorder:				
Panic Disorder				
Generalized anxiety disorder				
Post-traumatic stress disorder				
Phobias				
Attention-Deficit Disorder				
Autistic Disorder				
Psychiatry / Behavioral Science; Eating Disorder:				
Anorexia nervosa				
Bulimia nervosa				
Obesity				
Psychiatry / Behavioral Science; Mood Disorder:				
Adjustment				
Depressive				
Dysthymic				
Bipolar				
Psychiatry / Behavioral Science; Personality Disorder:				
Antisocial				
Avoidant				
Borderline				
Histrionic				
Narcissistic				
Obsessive-compulsive				
Paranoid				
Schizoid				
Schizotypal				
Psychosis:				
Delusional disorder				
Schizophrenia				
Schizoaffective disorder				
Somatoform disorder				
Substance Use Disorder:				
Alcohol abuse / dependence				
Drug abuse / dependence				
Tobacco use / dependence				
Other Behavioral / Emotional Disorders:				
Acute reaction to stress				
Child / elder abuse				
Domestic violence				
Uncomplicated bereavement				

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	1	2	3	4
<b>Neurological System Cont.</b>				
Electrolyte and Acid / Base Disorders:				
Hypo / Hypernatremia				
Hypo / Hyperkalemia				
Hypo / Hypercalcemia				
Hypomagnesemia				
<b>Genitourinary System</b>				
Benign Conditions of the GU Tract:				
Benign prostatic hyperplasia				
Cryptorchidism				
Erectile dysfunction				
Incontinence				
Nephro / urolithiasis				
Paraphimosis / phimosis				
Testicular torsion				
Infectious / Inflammatory Conditions:				
Cystitis				
Epididymitis				
Orchitis				
Prostatitis				
Pyelonephritis				
Urethritis				
Neoplastic Disease:				
Bladder carcinoma				
Prostate carcinoma				
Renal cell carcinoma				
Testicular carcinoma				
Wilms' tumor				
Renal Disease:				
Acute / chronic renal failure				
Glomerulonephritis				
Nephrotic syndrome				
Polycystic kidney disease				
Metabolic alkalosis / acidosis				
Respiratory alkalosis / acidosis				
Volume depletion				
Volume excess				
<b>Dermatologic</b>				
Wound care				
Suturing				
Debridement				
Eczematous Eruptions:				
Dermatitis				
Atopic				
Contact				
Diaper				
Nummular eczematous				
Perioral				
Seborrheic				
Stasis				

	1	2	3	4
<b>Dermatologic Cont.</b>				
Dyshidrosis				
Lichen simplex chronicus				
Papulosquamous Disease:				
Dermatophyte infections				
Tinea Versicolor:				
Tinea corporis / pedis				
Drug eruptions				
Lichen planus				
Pityriasis				
Desquamation:				
Stevens-Johnson syndrome				
Toxic epidermal necrolysis				
Erythema multiforme				
Vesicular Bullae:				
Bullous pemphigoid				
Acneiform Lesions:				
Acne vulgaris				
Rosacea				
Folliculitis				
Verrucous Lesions:				
Seborrheic keratosis				
Actinic keratosis				
Insects / Parasites:				
Lice				
Scabies				
Spider bites				
Neoplasms:				
Basal cell carcinoma				
Melanoma				
Squamous cell carcinoma				
Hair and Nails:				
Alopecia areata				
Androgenetic alopecia				
Onychomycosis				
Paronychia				
Viral Disease:				
Condyloma acuminatum				
Exanthemas				
Herpes simplex				
Molluscum Contagiosum				
Verrucae				
Varicella-zoster infections				
Bacterial Infections:				
Cellulitis / vasculitis				
Erysipelas				
Impetigo				
Other:				
Acanthosis nigricans				
Burns				
Decubitus ulcers / leg ulcers				
Hidradenitis suppurativa				

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	1	2	3	4
<b>Dermatologic Cont.</b>				
Lipomas / epithelial inclusion cysts				
Melasma				
Urticaria				
Vitiligo				
Idiopathic thrombocytopenic Purpura				
Thrombotic thrombocytopenic purpura				
Von Willebrand's disease				
<b>Malignancies:</b>				
Acute / chronic lymphocytic leukemia				
Acute / chronic myelogenous leukemia				
<b>Hematologic System</b>				
<b>Anemias:</b>				
Aplastic anemia				
Vitamin B12 deficiency				
Folate deficiency				
Iron deficiency				
G6PD deficiency				
Hemolytic anemia				
Sickle Cell anemia				
Thalassemia				
<b>Coagulation Disorders:</b>				
Factor VIII disorders				
Factor IX disorders				
Factor XI disorders				
Thrombocytopenia				
Lymphoma				
Multiple myeloma				
<b>Infectious Diseases; Fungal Disease:</b>				
Candidiasis				
Cryptococcosis				
Histoplasmosis				
Pneumocystis				
<b>Infectious Disease; Bacterial Disease:</b>				
Botulism				
Chlamydia				
Cholera				
Diphtheria				
Gonococcal infections				
Salmonellosis				
Shigellosis				
Tetanus				
<b>Infectious Disease; Mycobacterial Disease:</b>				
Tuberculosis				

	1	2	3	4
<b>Hematologic System Cont.</b>				
Atypical mycobacterial disease				
<b>Infectious Disease; Parasitic Disease:</b>				
Amebiasis				
Hookworms				
Malaria				
Pinworms				
Toxoplasmosis				
<b>Infectious Disease; Viral Disease:</b>				
Cytomegalovirus infections				
Epstein-Barr virus infection				
Erythema infectiosum				
Herpes simplex				
HIV infection				
Human papillomavirus infections				
Influenza				
Mumps				
Rabies				
Roseola				
Rubella				
Measles				
Varicella-zoster virus infections				
<b>Infectious Disease; Spirochetal Disease:</b>				
Lyme borreliosis				
Lyme disease				
Rocky Mountain spotted fever				
Syphilis				
<b>Cardiovascular System</b>				
<b>Cardiomyopathy:</b>				
Atrial fibrillation / flutter				
Atrioventricular block				
Bundle branch block				
Paroxysmal supraventricular tachycardia				
Premature beats				
Ventricular tachycardia				
Ventricular fibrillation / flutter				
<b>Congenital Heart Disease:</b>				
Atrial septal defect				
Coarctation of aorta				
Patent ductus arteriosus				
Tetralogy of Fallot				
Ventricular septal defect				
Congestive Heart Failure				
<b>Hypertension:</b>				
Essential				
Secondary				
Malignant				

Name: \_\_\_\_\_

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	1	2	3	4
<b>Cardiovascular System Cont.</b>				
Hypotension:				
Cardiogenic shock				
Orthostatic / postural				
Ischemic Heart Disease:				
Acute myocardial infraction				
Angina pectoris				
Stable				
Unstable				
Prinzmetal's / variant				
Vascular Disease:				
Acute rheumatic fever				
Aortic aneurysm / dissection				
Chronic / acute arterial occlusion				
Gain cell arthritis				
Peripheral vascular disease				
Pulmonary stenosis / insufficiency				
Phlebitis / thrombophelbitis				
Venous thrombosis				
Varicose veins				
Vascular disease:				
Mitral stenosis / insufficiency				
Mitral valve prolapse				
Tricuspid stenosis / insufficiency				
Other Forms of Heart Disease:				
Acute and subacute bacterial endocarditis				
Acute pericarditis				
Cardiac temponade				
Pericardial effusion				
<b>General</b>				
History taking				
Performing physical exams				
Ordering appropriate lab studies				
Ordering appropriate diagnostic studies				
Interpreting lab and diagnostic studies				
Formulating a nursing diagnosis				
Universal precautions				
Sterile technique				
Informed consent				
Surgical principles				
Wound healing				
Counseling and patient education				
Selection of appropriate pharmacological therapy				
Immunization schedules for infants, children, and adults				

	1	2	3	4
<b>General Cont.</b>				
Indication for admission to hospital or other facility				
Conditions that constitute medical emergencies				
<b>Age Specific Criteria</b>				
Adapts care to incorporate normal growth / development of:				
Newborn / Neonatal (birth - 30 days)				
Infant (30 days - 1 year)				
Toddler (1 - 3 years)				
Preschooler (3 - 5 years)				
School aged child (5 - 12 years)				
Adolescents (12 - 18 years)				
Young adults (18 - 39 years)				
Adults (40 - 64 years)				
Older adults (65 - 80 years)				
Eldest Adults (80+)				
Adapts method / terminology of pt. instr to comprehensive level of:				
Newborn / Neonatal (birth - 30 days)				
Infant (30 days - 1 year)				
Toddler (1 - 3 years)				
Preschooler (3 - 5 years)				
School aged child (5 - 12 years)				
Adolescents (12 - 18 years)				
Young adults (18 - 39 years)				
Adults (40 - 64 years)				
Older adults (65 - 80 years)				
Eldest Adults (80+)				
Ensures a safe environment reflecting specific needs of:				
Newborn / Neonatal (birth - 30 days)				
Infant (30 days - 1 year)				
Toddler (1 - 3 years)				
Preschooler (3 - 5 years)				
School aged child (5 - 12 years)				
Adolescents (12 - 18 years)				
Young adults (18 - 39 years)				
Adults (40 - 64 years)				
Older adults (65 - 80 years)				
Eldest Adults (80+)				

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I certify that all of the above information is correct and that any misrepresentations or falsifications of fact may be considered sufficient cause for immediate dismissal from RN Demand. I have completed this skills checklist to the best of my knowledge and agree that all of the information provided is correct.

\_\_\_\_\_

Signature

\_\_\_\_\_

Date

Reviewed by: \_\_\_\_\_