



NURSERY/POSTPARTUM SKILLS CHECKLIST

Name: _____ **Date:** _____

E-mail Address: _____ **SS#:** _____

Level of Efficiency

1 = No Experience 2 = Limited Experience 3 = Experienced

Newborn Care

1 2 3

COMPLETE PHYSICAL ASSESSMENT OF NEWBORN:			
a) Ballard Scale			
b) Dubowitz Scale			
Assess:			
a) Vital Signs			
b) Weight			
c) Length			
d) Circumference			
e) Reflexes			
Obtaining Urine Specimens and Testing Stool for Blood			
Eye Prophylaxis			
Providing a Thermo-neutral Environment			
Bathing Infant with an Intact Cord			
Cord and Circumcision Care			
Assessing for Jaundice			

Newborn Care Continued**1 2 3**

OBTAINING BLOOD SPECIMENS VIA HEELSTICKS			
Identifying Newborn and Processing for Discharge			
Changing Dressings			
Work Within a Family-Centered Maternity Care Philosophy Setting			
Perform Infant Cardiopulmonary Resuscitation			

Postpartum Care**1 2 3**

STATUS IN INVOLUTION:			
a) Lochia			
b) Fundus			
c) Episiotomy/Perineum			
d) Cesarean Section Incision			
Assess:			
a) Vital Signs			
b) GI Function			
c) Breasts			
d) Perineum			
e) Intake and Output			
Parental-Infant Bonding			
Care of a Patient:			
a) Post Cesarean Section Incision			
b) Post Tubal Ligation			
c) Post Vaginal Delivery			
Maternal Care Post Fetal-Death/Still Birth			

Postpartum Care Continued**1 2 3**

	1	2	3
ASSIST PATIENT WITH VOIDING			
Foley Catheter Insertion			
Teach/Assist with:			
a) Breast Feeding			
b) Use of Electric/Manual Breast Pump			
c) Formula Preparation			
d) Perform/Teach Peri-care			
e) Contraceptive Counseling			
Administer a Sitz Bath			
Apply Ice to Perineum			
Evaluate for:			
a) Infection			
b) Hemorrhage			

Medication Administration**1 2 3**

	1	2	3
UNIT DOSE SYSTEM			
Administering:			
a) RhoGAM			
b) IM			
c) SC Medication, Including Narcotics			
IV Drip Medications			
a) Antibiotics			
b) PCA Pumps			
c) Oxytocin Infusion			

IV Therapy**1 2 3**

	1	2	3
START LINES			
Regulate IV Infusions			
Mixing IV Solutions			
Discontinue Peripheral IV's			
IV Infusion Pumps			
Heparin Locks			
Harvard Clamps			
Monitor Blood and Blood Products			

Isolation Techniques and Precautions**1 2 3**

	1	2	3
UNIVERSAL PRECAUTIONS			
Respiratory			
Wound/Skin			
Enteric			
Isolating Well Baby From Infectious Mother			
Isolating Infectious Baby From Nursery			