



## INTENSIVE CARE UNIT SKILLS CHECKLIST

First Name	MI	Last Name
E-mail	Last 4 digits SS#	Date

**Instructions:** Please check the appropriate column that best describes your experience level for each knowledge competency and skill. Please use the rating scale below to evaluate yourself based on experiences within the last two years.

### Self Assessed Experience Rating Scale

1 = No Experience    2 = Minimal Experience    3 = Performs well/competent    4 = Supervise and Teach

Skills:	1	2	3	4
<b>Care of the Patient with:</b>				
Acute MI				
Cardiopulmonary Arrest				
Angina				
Chest Trauma				
Stab Wounds				
Closed Chest Trauma				
CHF				
Cardiogenic Shock				
Cardiac Tamponade				
Pre & Post Open Heart Surgery				
Pre & Post Cardiac Transplant				
Triple A Repair				
Endarterectomy				
Post op Vascular Surgery				
Valve Replacement				
Acute Head Trauma				
Subarachnoid Hemorrhage				
Subdural Hematoma				

Skills Continued:	1	2	3	4
Alcohol Overdose				
Seizures/status Epilepticus				
Degenerative Neurologic Disease				
Airway Obstruction				
TB				
Asthma				
Respiratory Failure				
Chest Trauma				
Pulmonary Edema				
ARDS				
Pulmonary Embolus				
Lung Transplant				
Abdominal Trauma				
Gunshot Wounds				
Acute Liver Failure				
Subtotal Gastrectomy				
Cancer				
AIDS				
Diabetes				

<b>Skills Continued:</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Burns				
Epidural Anesthesia/analgesia				
IV Conscious Sedation				
Patient Controlled Analgesia				
Narcotic Administration				
<b>Cardiovascular:</b>				
Abnormal Heart Sounds/murmurs				
Doppler				
Pulses / Circulation Checks				
Interpretation of Cardiac Enzymes				
Interpretation of Coagulation Studies				
Assist with central line Insertion				
Assist with Arterial Line Insertion				
Assist with PA Catheter / Swan-Ganz				
Assist with Pericardiocentesis				
Cardioversion				
<b>Hemodynamic Monitoring:</b>				
Cardiac Output				
CVP Monitoring				
MAP				
PA/Swan-Ganz				
PCW Pressure				
Radial A-line				
Intra Aortic Balloon Pump				
12 Lead EKG Interpretation				
Arrhythmia Interpretation				
Lead-Placement				
Rhythm Strip Assessment				
External Pacemaker				
Permanent Pacemaker				
Temporary Pacemaker				
Transthoracic Pacemaker (epicardial)				
Ventricular Assist Device				
Pre / Post Cardiac Cath				
Pre / Post Angioplasty				
<b>Cardiovascular Medications:</b>				
Cardarone				

<b>Skills Continued:</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Atropine				
Bicarbonate				
Digoxin				
Bretylol				
Cardizem				
Dobutamine				
Epinephrine				
Esmolol				
Inocor				
Lidocaine				
Lopressor				
Nipride				
Procainamide				
Retavase				
Streptokinase				
TPA				
Verapamil				
<b>Pulmonary:</b>				
Breath Sounds				
Sputum Collection				
Respiratory Isolation				
Nasotracheal Suctioning				
Endotracheal Suctioning				
Obtaining ABG's				
Pleural Tubes				
Trach Care				
<b>Ventilator Settings/ Complications:</b>				
IMV				
SIMV				
PEEP				
Pressure Support				
CPAP				
Weaning Modes & T-piece Weaning				
Bipap Mask				
100% NRB				
Use of Ambu Bag				
Pulse Oximeter				
<b>Oxygen Therapy:</b>				
ET Tube				
Face Mask				
Nasal Cannula				
Portable Oxygen Tank				
Trach Collar				
Aspiration				
Laryngosmasm				
Tension Pneuothorax				

<b>Skills Continued:</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Pulmonary Medications:</b>				
Theophylline				
Alupent				
Ventolin				
<b>Neuro:</b>				
Lumbar Puncture				
Glasgow Coma Scale				
Neuro/ Cranial Assessment				
ICP/ Ventriculostomy Insertion Monitoring				
Application of Halo Traction				
Stryker Frame				
Epidural Administration				
Intracranial Pressure Monitoring				
Nerve Stimulators				
Rotating Bed				
Pathologic Reflexes				
Reflex/ Motor Deficits				
Visual or Communication Deficits				
<b>Neuro Medications:</b>				
Barbiturate Induced Coma				
Decadron				
Dilantin				
Phenobarbital				
Mannitol				
Valium				
Ativan				
TPG				
<b>GI:</b>				
Bowel Sounds				
Abdominal Palpation				
NG Insertion/Removal/medication installation				
Pericentesis				
Gastrostomy				
Jejunostomy				
Balloon Tamponade				
Interpretation of Serum Ammonia				
Interpretation of Serum Amylase				
LFT's				

<b>Skills Continued:</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>GI Medications:</b>				
AquaMephyton				
H2 Blockers				
<b>Renal/ GU:</b>				
Insertion/care/removal of Foley Catheter				
Continuous Bladder Irrigation				
Care of Suprapubic Catheter				
Electrolyte Fluid Balance				
Hemodialysis				
Peritoneal Dialysis				
AV Fistula/ Shunt				
Interpretation of BUN & Creatine				
Interpretation of Serum Electrolytes				
<b>Endocrinology:</b>				
Interpret Lab Results				
Bair Hugger Warming Blanket				
Interpretation of Blood Glucose				
Interpretation of thyroid Studies				
<b>Medication:</b>				
Insulin Drip				
<b>Phlebotomy / IV Therapy:</b>				
Cryoprecipitate				
Packed Red Blood Cells				
Plasma/ Albumin				
Whole Blood				
Drawing Blood from Central Line				
Drawing Venous Blood				
Starting IV's				
Care of Patient with Central Line				
Care of Patient with Broviac:				
Groshong				
Hickman				
Portacath				
Quinton				
Epidural Anesthesia/ Analgesia				
IV Conscious Sedation				
Patent Controlled Analgesia				

<b>Skills Continued:</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Miscellaneous:</b>				
Anaphylactic Shock				
DIC				
Hypovolemic Shock				
Ipecac				
Antiemetics				
Septic Shock				
Organ/Tissue Donation				

I hereby certify all statements as true and that any misrepresentation of the facts on this skills checklist is sufficient cause for my dismissal at any time without prior notice even if I have been already employed.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Full name (Print)